

Seeking God Through Prayer

"Adam had sexual relations with his wife again, and she gave birth to another son. She named him Seth, for she said, "God has granted me another son in place of Abel, whom Cain killed." When Seth grew up, he had a son and named him Enosh. At that time people first began to worship the Lord by name." Genesis 4:25-26

Opening Prayer

Video (Building Our Communication Skills)

Check-In (Expectations)

1. "Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus." **Philippians 4:6-7**

What were your first experiences with prayer as a child? Have you continued those practices or have your prayer practices evolved? What is your most common prayer practice today?

2. "See that no one pays back evil for evil, but always try to do good to each other and to all people. Always be joyful. Never stop praying. Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus."

1 Thessalonians 5:15-18

What does it mean to "Pray without ceasing..." or "Never stop praying."?

Praying the Bible and the Book of Common Prayer

- The Liturgical Calendar
- Praying the Bible
- Praying The Book of Common Prayer
 - The Daily Office
 - Daily Morning Prayer Rite II p. 75
 - Daily Evening Prayer Rite II p. 115
 - Daily Devotions for Individuals and Families p. 136
 - The Psalter p. 585
 - Prayers and Thanksgivings p. 810

Praying the Episcopal Prayer Beads or Rosary

Closing Observations

Assignment(s): Daily Prayer for Ten Minutes

" Then if my people who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, I will hear from heaven and will forgive their sins and restore their land." **2Chronicles 7:14**

Sharing Prayer Needs

Closing Prayer

All Bible quotes are from the New Living Translation unless otherwise noted.