

Bible Study - Lent Week 1

The Temptation of Christ

Prayer: Oh God, Creator and Beloved Companion, you are the author of being and life. Inspire in us a spirit of devotion, service and praise, that we may give you glory in everything we think, feel, say and do, through Jesus Christ Amen.

Moment of Silence

(using the “Centering Prayer” App)

You have made us for yourself
and our hearts are restless
until they rest in you.
(St. Augustine of Hippo)

How is Lent?

What makes it a special time for you?
What practices are you doing?
Something new? Something old?

Read the Gospel (Matthew 4:1-11)

“Listening” is our theme this Lent.

1. How is listening important in this story?
2. What questions do you have about the gospel?
3. What are some insights you have?

Matthew 4:1-11 New Living Translation (NLT)

The Temptation of Jesus

4 Then Jesus was led by the Spirit into the wilderness to be tempted there by the devil. **2** For forty days and forty nights he fasted and became very hungry.

3 During that time the devil came and said to him, “If you are the Son of God, tell these stones to become loaves of bread.”

4 But Jesus told him, “No! The Scriptures say,
‘People do not live by bread alone,
but by every word that comes from the mouth of God.’”

5 Then the devil took him to the holy city, Jerusalem, to the highest point of the Temple, **6** and said, “If you are the Son of God, jump off! For the Scriptures say,

‘He will order his angels to protect you.
And they will hold you up with their hands
so you won’t even hurt your foot on a stone.’”

7 Jesus responded, “The Scriptures also say, ‘You must not test the LORD your God.’”

8 Next the devil took him to the peak of a very high mountain and showed him all the kingdoms of the world and their glory. **9** “I will give it all to you,” he said, “if you will kneel down and worship me.”

10 “Get out of here, Satan,” Jesus told him. “For the Scriptures say,
‘You must worship the LORD your God
and serve only him.’”

11 Then the devil went away, and angels came and took care of Jesus.